

SUPPLEMENTAL MATERIAL

Table S1. Characteristics of Study Participants from the Health and Retirement Study at Baseline

	Continuously Married	Never Married	Remarried (n=443)	Divorced (n=259)	Widowed (n=743)	P Value
Background Characteristics						
Age, median (IQR), y	70.5 (16.0)	68.0 (16.0)	68.0 (15.0)	65.0 (14.0)	82.0 (12.0)	<.001
Male	59.5	47.3	58.9	42.1	19.4	<.001
Non-Hispanic black	13.5	40.5	14.0	31.3	19.4	<.001
Non-Hispanic other race	1.9	4.1	2.0	2.3	1.6	.673
Hispanic	9.0	8.1	9.0	11.2	6.1	.071
Proxy interview	17.1	13.5	17.2	11.6	25.8	<.001
Lives in the South	44.7	35.1	45.2	44.4	46.0	.511
Socioeconomic Factors						
Years of education, mean (SD)	11.8 (3.3)	11.0 (3.6)	11.8 (3.2)	11.4 (3.4)	10.7 (3.5)	<.001
Median household income (IQR)	33.0 (34.3)	9.8 (14.9)	33.0 (34.9)	14.2 (18.6)	13.2 (13.2)	<.001
No health insurance	5.4	9.5	4.7	11.2	3.2	<.001
Psychosocial Factors						
No children	4.1	70.3	3.6	10.4	9.4	<.001
No nearby friends and/or relatives	19.1	24.3	23.5	30.9	21.4	.002
Never attends religious services	20.3	23.0	32.1	31.3	24.5	<.001
CES-D depressive symptoms (SD)	1.9 (2.1)	2.5 (2.2)	2.0 (2.2)	2.7 (2.5)	2.5 (2.2)	<.001
Behavioral Factors						
Current or former smoker	62.0	67.6	74.5	74.9	50.1	<.001
Drinks alcohol in excess	12.7	18.9	14.9	22.4	12.0	<.001
No vigorous exercise	77.6	86.5	75.2	81.1	86.0	<.001
Does not take HTN medication	13.1	8.1	12.4	13.9	11.0	.489
Physiological Factors						
Underweight, BMI < 18.5	1.3	4.1	3.6	2.3	5.4	<.001
Overweight or obese, BMI ≥ 25.0	64.1	54.1	63.4	62.6	49.8	<.001
ADL limitations (SD)	1.0 (1.6)	1.2 (1.6)	0.9 (1.5)	0.9 (1.4)	1.5 (1.8)	<.001
Diagnosed chronic illness	75.7	79.7	81.5	80.7	82.8	.009
Recurrent stroke	13.5	8.1	17.2	15.4	14.5	.211
Died during study period	50.5	64.9	55.5	47.5	70.7	<.001

Abbreviations: CES-D, Center for Epidemiologic Studies Depression Scale; HTN, hypertension; BMI, body mass index.