Cellular Encapsulation Enhances Cardiac Repair

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Original Research

Background—Stem cells for cardiac repair have shown promise in preclinical trials, but lower than expected retention, viability, and efficacy. Encapsulation is one potential strategy to increase viable cell retention while facilitating paracrine effects.

Methods and Results—Human mesenchymal stem cells (hMSC) were encapsulated in alginate and attached to the heart with a hydrogel patch in a rat myocardial infarction (MI) model. Cells were tracked using bioluminescence (BLI) and cardiac function measured by transthoracic echocardiography (TTE) and cardiac magnetic resonance imaging (CMR). Microvasculature was quantified using von Willebrand factor staining and scar measured by Masson’s Trichrome. Post-MI ejection fraction by CMR was greatly improved in encapsulated hMSC-treated animals (MI: 34 ± 3%, MI+Gel: 35 ± 3%, MI+Gel+hMSC: 39 ± 2%, MI+Gel+encapsulated hMSC: 56 ± 1%; n = 4 per group; P < 0.01). Data represent mean ± SEM. By TTE, encapsulated hMSC-treated animals had improved fractional shortening. Longitudinal BLI showed greatest hMSC retention when the cells were encapsulated (P < 0.05). Scar size at 28 days was significantly reduced in encapsulated hMSC-treated animals (MI: 12 ± 1%, n = 8; MI+Gel: 14 ± 2%, n = 7; MI+Gel+hMSC: 14 ± 1%, n = 7; MI+Gel+encapsulated hMSC: 7 ± 1%, n = 6; P < 0.05). There was a large increase in microvascular density in the peri-infarct area (MI: 121 ± 10, n = 7; MI+Gel: 153 ± 26, n = 5; MI+Gel+hMSC: 198 ± 18, n = 7; MI+Gel+encapsulated hMSC: 828 ± 56 vessels/mm², n = 6; P < 0.01).

Conclusions—Alginate encapsulation improved retention of hMSCs and facilitated paracrine effects such as increased peri-infarct microvasculature and decreased scar. Encapsulation of MSCs improved cardiac function post-MI and represents a new, translatable strategy for optimization of regenerative therapies for cardiovascular diseases. (J Am Heart Assoc. 2013;2:e000367 doi: 10.1161/JAHA.113.000367)

Key Words: angiogenesis • cardiovascular diseases • heart failure • ischemia • myocardial infarction

Cell-based therapies have great potential to decrease the morbidity and mortality of cardiovascular diseases (CVDs) due to their ability to augment endogenous repair or to regenerate damaged tissues. After myocardial infarction (MI), the endogenous regenerative capacity of the human heart is unable to replace the damaged tissue and a fibrotic, noncontractile scar forms. Initially, stem cells were thought to exclusively differentiate or transdifferentiate into mature cells such as cardiomyocytes and endothelial cells and subsequently incorporate into existing tissues.1,2 Although this has been shown to happen in some instances, the dominant effect of most stem cells likely occurs through paracrine mechanisms.3–6 These paracrine mechanisms are thought to be particularly relevant to adult bone marrow-derived stem cells, such as mesenchymal stem cells (MSCs), which promote angiogenesis,7 prevent apoptosis,8 modulate immune response,9 recruit stem and progenitor cells,10 and facilitate beneficial remodeling.11 A major barrier to the success of stem cells is poor retention and survival of transplanted cells in the heart, which can be >10% as early as 1 hour after injection in most human12–16 and large animal studies.17,18 Transplanted cells can be mechanically ejected from the heart by myocardial contraction, transported away in lymphatic or vascular channels, migrate from the site of injection, or they
may simply die. Thus, strategies focused on increasing cell retention and viability have great potential to enhance the therapeutic effects of cell-based therapies.

MSCs are a promising cell type for stem cell therapy for CVDs. Autologous hMSCs can be obtained from adult bone marrow, adipose tissue, as well as other tissues, and are relatively easy to culture and expand ex vivo. They possess the ability to differentiate into endothelial cells and cardiomyocytes, but likely have a greater effect through paracrine mechanisms. hMSCs are highly secretory, producing a variety of immune modulatory, proangiogenic, and antiapoptotic growth factors and cytokines that act in a paracrine manner to preserve tissue integrity and function after ischemia. In response to ischemia, hMSCs up-regulate secretion of cytokines including vascular endothelial growth factor (VEGF), fibroblast growth factor (FGF), placental growth factor (PlGF), and have been shown to facilitate tissue preservation in small and large animal studies. Results from early phase I clinical trials suggest that autologous hMSC administered using a catheter-based approach is a feasible and safe approach that may have a modest effect on cardiac function in ischemic cardiomyopathy.

Cell encapsulation represents a novel and translatable strategy to augment transplanted cell survival and retention in a variety of target tissues including the heart. Capsules function as a mechanical barrier preventing washout of transplanted cells and may partially insulate cells from components of the immune system such as inflammatory cells and immunoglobulins. The functional porosity of alginate allows proteins and small molecules access to encapsulated cells and permits secretion of stem cell-produced growth factors and cytokines into the surrounding tissue. Encapsulation has been demonstrated to enhance hMSCs augment neovascularization in a murine model of hind limb ischemia and produce a wide array of proangiogenic cytokines.

To translate this strategy into a small animal MI model, we used a composite biomaterials approach. Alginate-encapsulated hMSCs were implanted in a biocompatible poly-(ethylene glycol) (PEG) hydrogel patch to secure the encapsulated cells to the injured heart. Other hydrogels including alginate have been designed to deliver cells or growth factors and are in clinical and preclinical trials. In a large animal model or in humans, capsules may also be amenable to direct intramyocardial injection or intracoronary catheter delivery. Capsule size relative to the rodent heart lends itself to the use of the hydrogel patch. The hydrogel patch used in this study has an open network structure and low protein retention, permitting free diffusion of cytokines and small molecules. Importantly the gelation time can be manipulated as it is applied to the myocardium, localizing the patch to the site of myocardial infarction.

The need to use stem cell therapies for CVD is clear: preserving left ventricular function would reduce the morbidity and mortality associated with MI, a leading cause of death in the United States. Many clinical trials with various adult-derived stem cells have likely been limited by poor cell survival and retention. In this study we present a novel encapsulated cell patch made up of encapsulated hMSC attached to the damaged heart by a PEG hydrogel. This patch allows sustained stem cell presence at the site of injury and prolonged paracrine factor production by encapsulated hMSCs. Encapsulated hMSC-treated hearts retained stem cells longer, showed improved revascularization, reduced scar formation, and resulted in improvement in left ventricular function as measured by transthoracic echocardiography (TTE) and cardiac magnetic resonance imaging (CMR). Encapsulation is a highly translatable platform for sustained paracrine stem cell function and a potential avenue for optimization of regenerative therapies.

**Methods**

**Cell Culture**

Commercially available bone marrow derived hMSC (Lonza) were cultured under standard conditions in mesenchymal stem cell growth media (Lonza) and used up to passage 6. To confirm that hMSC conformed to the accepted standard definition, cells were differentiated into adipogenic, osteogenic, and chondrogenic phenotype by culture in hMSC Adipogenic BulletKit, hMSC Osteogenic BulletKit or hMSC Chondro BulletKit supplemented with TGF-β (Lonza). Differentiation was confirmed by Oil Red O stain for lipids, Alizarin Red stain for calcium and collagen Type II (ABcam) for cartilage. Cells were also immunophenotyped with flow cytometry for expression of CD73, CD90, CD105 and expression of CD34, CD20, CD34, and CD45 with MSC phenotyping kit (Miltenyi Biotec).

**Encapsulation**

One million hMSC per animal were suspended in 100 µL of 1% ultrapure low viscosity sodium alginate LVG (Novamatrix), encapsulated using an electrostatic encapsulator (Nisco) with a 0.17 mm nozzle, 10 mL/h flow rate, and 7 kV voltage, and gelled in a solution of 50 mmol/L BaCl2. Encapsulated hMSC were washed in 0.9% saline and stored in Dulbecco’s phosphate-buffered saline at 2 to 4°C up to 24 hours prior to implantation. Encapsulated cell viability was measured using LIVE/DEAD Viability/Cytotoxicity Kit (Invitrogen). The relative number of calcine-AM stained live cells to ethidium homodimer stained dead cells was quantified by serial z-stacked images obtained by confocal microscopy at 23 µm intervals.
Gel Production and Delivery
Sterile 4-arm PEG-maleimide macromer (Laysan Bio) was dissolved in 8 mmol/L triethanolamine and combined with a di-thiol protease-cleavable peptide cross-linker (GCRDVPMSM RGDRGC). Hydrogel components were sterilized in ethanol with centrifugal evaporation or by filtration through 0.45 μm centrifugal filter (Milipore). To this gel mixture were added one of the following: 1×10^6 encapsulated hMSCs, 1×10^6 non-encapsulated hMSCs, empty capsules without cells or nothing depending on treatment group. Gel formation on the myocardium was visually confirmed.

Animal Model
Rats were housed in the Emory University animal facility with a 12-hour light-dark cycle and allowed water and food ad libitum. Male nude rats (Crl:NIH-Foxn1^nu) 200 to 250 gm (Harlen) underwent permanent ligation of the left anterior descending artery by an experienced microsurgeon (MEB) after anesthesia with inhaled isoflurane (2% to 3%). Infarction was confirmed by visualization of blanched and akinetic myocardium. Immediately after ligation, animals were treated with one of the following: gel only (MI+Gel), gel with empty capsules (MI+Gel+Empty Caps), gel with 1×10^6 non-encapsulated hMSCs (MI+Gel+hMSC), gel with 1×10^6 encapsulated hMSCs (MI+Gel+encapsulated hMSC) or given no treatment (MI). The chest was carefully closed without disturbing the location of the gel.

Bioluminescence Imaging (BLI)
hMSCs were transduced with a lentivirus expressing firefly luciferase and blasticidin resistance under the control of the constitutively active cytomegalovirus and respiratory syncytial virus promoters, respectively (GenTarget). Seventy-two hours after transduction, cells were transferred into standard media containing 10 μg/mL blasticidin (Sigma). Luciferase expression was confirmed with antiluciferase antibody (ABcam, 1:400) and luminescence imaging. Some animals were treated with 1×10^6 of the luciferase expressing hMSC either by direct injection (MI+ Direct Inject) into the peri-infarct area, by gel or encapsulated in gel. Animals were injected intraperitoneally with luciferin (40 mg/kg, Promega) and immediately imaged using a Xenogen IVIS 200 (Caliper). Infarct area (blue) and non-infarct area (red) were quantified in the whole heart taken using a microscope-mounted digital camera. Infarct area (blue) and non-infarct area (red) were quantified using NIH ImageJ software with automated thresholding in red-blue-green segmented images.

Cardiac Function Assessment
Animals were anesthetized with 1% to 2% inhaled isoflurane and underwent TTE using a Vevo 770™ Imaging System (Visualsonics). During TTE assessment, heart rates were maintained above 350 beats per minute and all scans were done in a blinded fashion. LV end diastolic diameter (LVEDD), LV end systolic diameter (LVESD), and LV fractional shortening (LVFS) were measured with VisualSonics V 1.3.8 software from 2D long-axis views taken through the infarcted area.

A subset of animals underwent CMR with cardiac gaiting and data analysis using Segment (Medvisio), Electrocardiographic (ECG) needle electrodes and CMR-compatible Small Animal Monitoring & Gating System (SA Instrument) were used for cardiac gating. The rats were positioned in a temperature-controlled, purpose built cradle with a surface coil directly over the heart. The coil assembly was positioned in the horizontal bore of a Varian Inova 4.7 T 200/33 Imaging and Spectroscopy system using VNMR 6.1 software and tuned to approximately 200 MHz. The gradient echo cine sequence (10-frames per heartbeat) was triggered on the R wave of the ECG signal. Endocardial border was traced using automated edge detection with manual adjustment in all segments in end systole and end diastole. The end systolic volume (LVESV) and diastolic volume (LVEDV) were used to calculate ejection fraction (LVEF). The institutional Animal Care and Use Committee of Emory University approved all protocols and procedures.

Morphometric and Immunohistochemical Analysis
Animals from each group were sacrificed by carbon dioxide inhalation at either 7 or 28 days after infarction and treatment. Bromodeoxyuridine (BrdU, 300 mg/kg) was injected intraperitoneally each day for 3 days prior to sacrifice. Consecutive sections from each heart were obtained after fixation in formalin and embedment in paraffin. A subset of hearts were also fixed and processed in Immuno-Bed plastic resin (Polysciences), sectioned at 2 μm, and stained with hematoxylin and eosin by standard protocol. Five μm paraffin sections through the peri-infarct area from each heart were stained with Masson’s Trichrome and digital images of the whole heart taken using a microscope-mounted digital camera. Infarct area (blue) and non-infarct area (red) were quantified using NIH Image software with automated thresholding in red-blue-green segmented images.

Paraffin sections were deparaffinized and stained with the following antibodies: rabbit anti-von Willebrand factor (vWF, Millipore, 1:200) and mouse antibromodeoxyuridine (BrdU) (Dako, 1:50). Prior to BrdU staining, sections were incubated in 2N HCl for 30 minutes at 37°C then neutralized in 0.1 mol/L sodium borate. Prior to vWF staining sections underwent antigen retrieval by heat in a pressure cooker at 100°C for 10 minutes in citrate buffer. Secondary biotinylated
antibody (Vector Labs, 1:400) then quantum dot 655 streptavidin-conjugate (Invitrogen, 1:200) was used to visualize antibody location. Apoptosis was quantified using In Situ Cell Death Detection Kit (Roche). Six peri-infarct images were taken from each section using Zeiss Axioskop at ×200 magnification. Fluorescence was quantified using Image Pro Plus.

**Statistical Analysis**

Statistical analysis was performed using Dunnett’s test to compare variables in encapsulated hMSCs-treated animals to multiple controls and to weighted average of all control groups using the statistical software SPSS (IBM). BLI was analyzed using multi-dimensional analysis. Analysis of variance (ANOVA) was used when stated and data passed the D’Agostino & Pearson omnibus normality test ($P=0.6528$).

**Results**

**Encapsulation and Microscopic Appearance of hMSC**

Capsules were approximately 250 μm in diameter and each capsule contained between 200 and 250 cells (Figure 1). Prior to encapsulation, hMSCs were confirmed to be multipotent and expressed typical MSC markers (Figure 2). hMSC viability at the time of implantation was 95% after encapsulation, washing, and storage (Figure 3). Gels recovered 7 days after implantation were still adherent to the myocardium and contained capsules, blood vessels, and inflammatory cells. Gels were detectable up to 2 weeks after implantation but fully degraded by 28 days.

**Figure 2.** Multipotency of human mesenchymal stem cells (hMSCs). Prior to encapsulation, cultured hMSCs were differentiated into chondrogenic (A), adipogenic (B) and osteogenic (C) phenotype as shown by collagen type II, oil-red-O and Alizarin red staining, respectively. Control cells not treated with induction media remained un-differentiated. Fluorescence-activated cell sorting (FACS) analysis shows hMSCs express the typical MSC markers CD 73, CD 90, and CD 105 but not hematopoietic markers (D). Scale bar=100 μm.
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Preserved cell viability after encapsulation and implantation. After encapsulation, storage, and implantation, viability of hMSCs was determined with a fluorescent viability assay which stained live cells green and dead cells red. Maximum intensity projection of capsule shows greater than 95% of cells were viable. Scale bar=100 μm. hMSCs indicates human mesenchymal stem cells.

Encapsulated hMSCs Preserved Left Ventricular Function After MI

Two in vivo imaging modalities, TTE and CMR, were used to assess cardiac functional recovery post-MI. Both modalities showed similar and striking patterns of functional improvement in hearts treated with encapsulated hMSCs compared to all other control groups (Table; Figure 4). TTE showed reduction in LVESD (P<0.01) and increase in fractional shortening (P<0.01) at day 28 in animals treated with encapsulated hMSCs (Table). Functional improvement by fractional shortening by TTE was seen as early as 21 days (MI: 19±2%, n=9; MI+Gel: 30±3%, n=7; MI+Gel+hMSC: 19±2%, n=7; MI+Gel+Empty Caps: 23±2%, n=6; MI+Gel+encapsulated hMSC: 43±4%, n=8; P<0.05). Quantification of ventricular volumes by CMR at 28 days showed a marked improvement in ejection fraction (MI: 34±3%; MI+Gel: 35±3%; MI+Gel+hMSC: 39±2%; MI+Gel+encapsulated hMSC: 56±1%; n=4 per group; P<0.01) and LVESV (MI: 304±13 μL, MI+Gel: 354±46 μL, MI+Gel+hMSC: 267±40 μL, MI+Gel+encapsulated hMSC: 160±11 μL; n=4 per group; P<0.01) in animals treated with encapsulated hMSCs compared to controls (Table; Figure 4). There was no difference in diastolic dimensions between the groups by either modality. In additional studies we compared delivery by encapsulation to the standard delivery technique of intramyocardial injection. Animals treated with cells delivered by intramyocardial injection showed worsened fractional shortening by TTE compared to encapsulated hMSC-treated animals at 28 days (MI+Direct Inject hMSC: 28±5%; n=7; MI+Gel+encapsulated hMSCs: 44±4%, n=8; P<0.05) (Figure 4D).

Retention of Transplanted hMSCs Near Infarcted Myocardium

Encapsulation and attachment of hMSCs to the heart by a hydrogel patch may inhibit several key mechanisms that limit stem cell retention in the myocardium, namely ejection from the myocardium by the force of contraction, washout by the myocardial capillaries and lymphatics, cell migration away from transplant site, and cell death. We transduced hMSCs with a lentiviral vector expressing firefly luciferase and

Table. Function Improvement in Cardiac Function as Seen by Transthoracic Echo (TTE) and Cardiac Magnetic Resonance Imaging (CMR)

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<th>Echo, Day 28</th>
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<td>LVEDV, μL</td>
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<td>304±13</td>
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<tr>
<td>MI + Gel + hMSC</td>
<td>7.4±0.2</td>
<td>5.7±0.2</td>
<td>23±2</td>
<td>435±57</td>
<td>267±40</td>
<td>39±2</td>
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<td>MI + Gel + encap hMSC</td>
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<td>4.0±0.4*</td>
<td>44±4*</td>
<td>368±15</td>
<td>160±11*</td>
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Animals treated with encapsulated human mesenchymal stem cells (hMSCs) had preserved end systolic diameter and fractional shortening by TTE. End diastolic diameter was unchanged. Similar results were found by MRI with decreased end systolic volume and improved EF in animals treated with encapsulated hMSCs at 28 days. EF indicates ejection fraction; FS, fractional shortening; LVEDD, left ventricular end diastolic dimension; LVESD, left ventricular end systolic dimension; LVESV, left ventricular end systolic volume; MI, myocardial infarction.

*P<0.05 using Dunnett’s test of multiple comparisons.
measured BLI as an index of cell number. In vivo BLI showed greater retention of cells in animals treated with encapsulated human mesenchymal stem cells (hMSCs) compared to delivery by direct injection at all time points (6 hours: $5 \times 10^5 \pm 1 \times 10^5$ versus $2 \times 10^5 \pm 6 \times 10^5$; day 1: $7 \times 10^5 \pm 2 \times 10^5$ versus $2 \times 10^5 \pm 7 \times 10^5$; day 3: $8 \times 10^5 \pm 3 \times 10^5$ versus $2 \times 10^5 \pm 8 \times 10^5$; day 5: $4 \times 10^6 \pm 7 \times 10^5$ versus $4 \times 10^5 \pm 3 \times 10^5$; day 7: $8 \times 10^5 \pm 2 \times 10^5$ versus $6 \times 10^4 \pm 9 \times 10^4$; $P<0.01$; $n=8$ per group; Figure 5). hMSCs were only visualized in noncardiac tissues in the direct injection group, suggesting that minimal washout or migration from the gel and capsules occurred (Figure 5A). The earliest feasible time point to image animals was approximately 6 hours after cell delivery. Quantification of BLI in the direct injection group showed a reduction in luminescence at this early time point despite equal number of cells delivered ($P<0.05$). There was also an increase in signal in the encapsulated hMSC-treated animals which may have represented proliferation within the capsule. This peaked at day 3 then slowly declined (Figure 5B). By day 7, BLI was reduced in all animals and not detected in the direct injection animals (Figure 5). By 10 days the gel was largely dissolved and cell luminescence was not detectable over the heart.

**Encapsulated hMSC Patch Minimized Scar Formation**

We stained fixed sections of infarcted hearts with Masson’s Trichrome to evaluate the extent of scar formation 28 days...
after infarction and treatment. Quantification of the scar area showed that treatment with encapsulated hMSCs significantly reduced the scar area (7±1%; n=6; P<0.05) compared to control hearts (MI: 12±1%, n=8; MI+Gel: 14±2%, n=7; MI+Gel+hMSC: 14±1%, n=7; MI+Gel+Empty Caps: 12±2%, n=5) (Figure 6).

**Encapsulated hMSC Patch Promotes Increased Vascularity**

We previously detected proangiogenic cytokines secreted by encapsulated hMSCs.\(^2,6\) We quantified the degree of vascularization by staining sections of peri-infarct myocardium for the endothelial marker vWF and quantifying the number of microvessels in the peri-infarct area that were proliferating by BrdU staining. At 7 days, there was a large increase in proliferating endothelial cells in the peri-infarct area in animals treated with encapsulated hMSC (MI+Gel+encapsulated hMSCs: 127±12 vessels/mm\(^2\), n=8; MI: 78±16 vessels/mm\(^2\), n=8; MI+Gel: 33±6 vessels/mm\(^2\), n=8; MI+Gel+hMSC: 25±5 vessels/mm\(^2\), n=8; P<0.001). After 28 days, total microvessel density was significantly increased with encapsulated hMSCs (828±56 vessels/mm\(^2\); n=6; P<0.01) compared to other groups (MI: 121±10 vessels/mm\(^2\), n=7; MI+Gel: 153±26 vessels/mm\(^2\), n=5; MI+Gel+hMSC: 198±18 vessels/mm\(^2\), n=7; MI+Gel+Empty Caps: 215±55 vessels/mm\(^2\), n=5) and compared to normal muscle (23±6 vessels/mm\(^2\), n=3) (Figure 7).

**Effects of Encapsulated hMSC Patch on Cardiomyocyte Proliferation and Apoptosis**

There was no detectable difference in the rate of cardiomyocyte apoptosis by terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining at day 7 with each group having less than 0.25% apoptotic cells in the peri-infarct area (MI: 0.1±0.01%; MI+Gel: 0.1±0.03%; MI+Gel+hMSC: 0.2±0.04%; MI+Gel+encapsulated hMSC: 0.2±0.10%; n=4 per group). To evaluate cardiomyocyte proliferation in the peri-infarct area, animals were administered BrdU to label the DNA of dividing cells. Quantification of BrdU-positive cardiomyocytes showed similar levels of proliferation among treatment groups (MI: 8±0.7%; MI+Gel: 3±0.6%; MI+Gel+hMSC: 5±0.9%; MI+Gel+encapsulated hMSCs: 9±0.7%; n=4 per group).

**Discussion**

Retention of viable cells at the site of delivery is a significant limitation of cell-based therapies for MI. In this study, we
encapsulated hMSCs and measured their ability to augment cardiac function in the post-MI heart by paracrine action. Recent evidence has accumulated suggesting that stem cells delivered to the heart by intracoronary, intramyocardial, and intravenous routes have limited retention. The cells can fail to engraft, get washed out by lymphatic or vascular channels, or be cleared by the immune system. In most large animal and human studies retention at 1 hour is less than 10%. Delivery of cells by encapsulation may augment cell retention in the heart at early time points as the capsules are too large to wash out by lymphatic or venous channels and the physical structure of the capsule may shield the cells from immunoglobulins and cellular components of the immune system.

We demonstrated that encapsulated cells were retained longer over the myocardium as detected by BLI at all time points including the earliest time point of 6 hours after delivery. Hearts treated with encapsulated hMSCs showed reduced scarring post-MI as well as greatly augmented peri-infarct microvasculature. Cardiac function as measured by TTE and CMR showed significant improvement in encapsulated hMSC-treated hearts. These data support encapsulation as a readily translatable strategy to improve viable cell retention and efficacy for cell-based therapies for cardiovascular disease.

**Improved Cardiac Function in Encapsulated hMSC Treatment**

Two imaging modalities, TTE and CMR detected similar improvements in cardiac function in encapsulated hMSC-treated hearts (Figure 4; Table). Both fractional shortening and ejection fraction, measured by TTE and CMR respectively, improved significantly over controls. End systolic diameter and volume were the parameters that demonstrated the most dramatic improvement in encapsulated hMSC-treated hearts (Figure 4; Table). There was more variability in LVEDD and volume in all groups and we were not able to detect improvement in hearts treated with encapsulated hMSCs (Table). The control hearts with MI often developed apical aneurysmal dilations with preservation of the more basal myocardial segments. The preservation of the basal dimension of the heart may have partially masked changes in

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**Figure 6.** Treatment of hearts with encapsulated human mesenchymal stem cells (hMSC) post myocardial infarction reduced myocardial scarring at 28 days. A, Representative sections of infarcted hearts stained with Masson’s Trichrome and treated with encapsulated hMSCs or control gels. Blue indicates fibrotic scar. ×15, scale bar=1 mm. B, Animals treated with encapsulated hMSCs showed reduced scar area (7 ±1%; n=6) at 28 days compared to control treated hearts (MI: 12±1%, n=8; MI+Gel: 14±2%, n=7; MI+Gel+hMSC: 14±1%, n=7; MI+Gel+Empty Caps: 12±2%, n=5). Data represent mean±SEM. *P<0.05. MI indicates myocardial infarction.
volume of the apex as the entire ventricular volume was measured. Importantly, we did find a decrease in the size of the scar after MI by Masson’s Trichrome staining in the animals treated with encapsulated cells embedded in gel (Figure 6). Encapsulated cell-treated animals likely had a more pronounced effect due to the prolonged cell retention over the myocardium compared to nonencapsulated or directly injected cells. Overall, the magnitude of the improvement seen in cardiac function in animals treated with encapsulated hMSC compared to nonencapsulated and directly injected cells illustrates the promise of this technique to optimize stem cell therapies for CVD.

Paracrine Action of Encapsulated hMSCs

We have designed our alginate capsules to optimize the paracrine action of transplanted cells. Previously published studies have used alginate to augment post-MI recovery in animal models, but have exploited different mechanisms of action. In one study, intramyocardially injected alginate served as a scaffold to both thicken and support the scar as well as a substrate for neovascularization.39 This led to maintenance of scar thickness as well as functional improvement. We specifically designed and tested our capsules to not work as a structural support. Note that we detected no functional or angiogenic benefit in the control groups treated with gel alone or gel with empty capsules. In another published strategy, alginate was seeded with myocyte precursors prior to implantation in the heart.40 This study demonstrated electrical integration, as well as function improvement.40 In contrast, we designed our capsules to optimize the paracrine function of the cells and prevented them from integrating into host tissue. This work represents the first cardiac application of alginate designed to encapsulate and optimize paracrine function of transplanted cells.

Proangiogenic Effects of Encapsulated hMSCs

In this study we detected a large increase in the peri-infarct microvasculature in hearts treated with encapsulated hMSCs. Control hearts had similar numbers of peri-infarct vessels when compared to sham treated hearts. Encapsulated cells could not directly incorporate into the tissue because they were retained inside the capsules and thus, their proangiogenic effect was likely paracrine. Revascularization is a critical step in myocardial preservation and regeneration and as a result, many candidate cells for regenerative therapy have been studied because of their ability to produce proangiogenic growth factors and cytokines. hMSCs are known to secrete a wide array of proangiogenic,7 antiapoptotic,5,6 and immune...
modulatory\(^26\) cytokines. hMSCs tend to respond to environmental cues such as hypoxia and modulate their secretome accordingly.\(^5,4\)\(^1\) We have previously shown that encapsulated hMSCs produce proangiogenic cytokines such as angiogenin, angiopoietin 2, bFGF, hepatocyte growth factor, PlGF, and VEGF that diffuse out of the capsule.\(^28\) Thus, the impact of preserved hMSC cell function on vascular growth is likely the mechanism through which there was preservation of myocardial function.

**Potential for Translation of Encapsulation to Large Animal and Clinical Use**

Encapsulation technology may be highly adaptable to larger animal models and translatable into human use. Highly pure alginate is already commercially available in GMP-grade purity. Clinical trials are currently underway using alginate in other applications including islet encapsulation for treatment of type I diabetes among others.\(^29,4\)\(^2\) Encapsulation of hMSCs as described here could be scaled by at least an order of magnitude to accommodate large animal or human studies. In cardiac applications, encapsulated autologous hMSCs could be delivered as a patch (as in this study) or by intramyocardial injection.

Several limitations of this study will need investigation prior to translation of this technique. Animals used in this study were T cell deficient to prevent rejection of transplanted nonencapsulated cells. We have previously shown that our alginate capsules exclude IgG,\(^28\) but the immune response to alginate or encapsulated cells may be more robust in immune competent animals. Alginate immunogenicity depends on composition, methodology of construction,\(^4\)\(^3\) and to some extent may be species specific.\(^4\)\(^4\) Therefore it will be important to track encapsulated cell viability and host response to alginate overtime in the immune competent patients. While our data suggest that the benefit of encapsulation is in large part due to prolonged presence of encapsulated cells in the heart and their paracrine release of proteins, many other mechanisms have been implicated. Exosome release,\(^4\)\(^5\) micro RNA production,\(^4\)\(^6\) and direct incorporation into developing tissues\(^4\)\(^7\) have been shown to play a role in hMSC-mediated post-MI recovery. Thus, other mechanisms could contribute to the observed beneficial effects of cellular encapsulation.

In this study, we encapsulated hMSCs and attached them directly to the injured myocardium with a hydrogel patch. hMSCs were selected for this trial, but this technique could easily be applied to other cell types or genetically modified cells which may have some increased safety margin due to their containment within capsules. Encapsulation improved cell retention and minimized scar formation. As we move forward with evolving regenerative strategies, it will be critical to optimize not only the cell type, but also the delivery techniques to optimize the benefits of cell based therapies in humans.

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**Disclosures**

None.

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